

# 12 blocks to Christ consciousness



Gary Bate

## Introduction

My original work (2003) was called *Becoming a Christ*, which is no longer available. I removed it from sale because I'd had many comments about the title and how it inferred a religious connection. This wasn't my intention. It was a book about anyone's ability to develop a 'Christ mind' and become similar to what Yeshua was.

Christ is not the name of an individual who once graced our presence, but is the name of a consciousness – Christ consciousness, which anyone can become. It is the most pure consciousness and sits at the top of the pyramid.

A Christ has the personal 'energy' that can change any market place. Why is this? It's because they are unbiased, non-judgmental, observers who have great attitudes.

This World is an inversion of what Christ is. You've only got to look at the 'success machine', which hinges on people taking advantage of other people.

Attaining Christ consciousness (becoming a Christ) is the ultimate in self development and personal growth, yet it bears no resemblance to the measures of success touted in this World.

My interest in my own potential started when I worked in the insurance industry and I went to several conferences, which were all about getting educated and motivated to improve performance and income. The more I learned the deeper I went until I finally realised the above. My life is still focused on being the best I can be...

Fortunately, I put the best content from my book *Becoming a Christ* into my book *We are here to know ourselves* and I added more content at the same time. As my journey continued I wrote 4 other books, namely, *The Question Is*, *Soul Completion*, *The Impeccable Journey* and *Pure Mind*; all of which relate to the original title and my own personal quest.

Great wisdom, indeed, enlightenment and the possibility of immortality; has nothing to do with breathing techniques, meditation, yoga, special diets or any physical disciplines. It's about seeking an intimate understanding of this life to the point where you can let go of the consciousness you've lived as and by.

A body cannot redeem (resurrect) a body, just in the same way as we say that you cannot solve a problem with the same mind that created it – mass cannot resurrect itself; only a greater mind can do that.

We cannot experience what's outside of the box (the unknown) unless we stop insisting on staying in it (repeating the known). To know we have to go there and that's a purging process as the result of wisdom gained.

True immortality isn't the result of merging with tech and becoming a synthetic cyborg; that's just losing your authentic power to Artificial Intelligence. True immortality comes via natural, organic, conscious evolution; it's all about consciousness – becoming more and more conscious...

So we must intimately understand the life we've been living, then because of that wisdom, we choose to let go of that lower consciousness. As I've said in my books, a good analogy is like throwing the sandbags out of a balloon basket. Once our kundalini energy sits in our heart centres (the result of closing the doors on our lower 3 chakras), we have lift off – ascension, time- travel and immortality.

This pdf, 12 blocks to Christ consciousness, is all about helping you to transmute your energy out of your lower self and permanently into your higher self. It addresses the common pitfalls and stumbling blocks that serve only to limit you and keep your energy anchored below your heart centre. It will be like nothing you've ever read because it's the opposite of how to create a better image for yourself. This will radically advance you in the direction of Christ consciousness, if, of course, you accept what I am saying here and you integrate it into your life.

## **Block 1 - The real purpose of family**

There's an originality about you and it goes way back. I'm going to try not to repeat any of my previous published writings, so suffice to say that you were not born when your body came out of your Mother's vagina. You were born when you were conceived in consciousness and that was before this World was created.

Family has an evolutionary purpose. It represents the genetic propagation of 'minds that still have blocks'. Genes are encoded mind. Consciousness is everything and genes are the way it's passed through the generations.

You 'pick up' a body in a particular 'family mind pool' based upon what you were equal to when you left your last incarnation. It was your soul that attracted you to your family.

As you grow, you should learn about where you're at, from the close family observations you've been drawn to. Your emotions surrounding your family are the result of not understanding and accepting what I've just written here.

Evidence of your personal evolution will be you losing the mirrors you had with your family. Being a 'chip off the old block' is evidence that you have stagnated in your evolution.

Family is very important and it has purpose, but it's really so much more than just wiping arses and trying to get the kids into what you perceive to be 'good schools'. Bringing a family up in this hunger games society is a real challenge these days, but the greater challenge is being a real parent who teaches their children how to evolve their souls.

It's a known fact that Buddha left his family. Why did he do that? Because he understood this and he evolved beyond the mirrors he was born into.

The fear and despair of losing a family member can only be helped when the above is fully understood and accepted and one also understands the never-ending continuity of life.

## **Block 2 - The effect of your emotions on you**

The consciousness of your emotions interacts with your body at the level of your sacral plexus and this is the invisible energy centre, which is referred to as the second chakra.

Most people know when they are feeling emotional or are running emotional patterns of thinking, because it causes them to feel a certain way and only very rarely is that joyful.

What most people don't understand is that what they feel when they are emotional is the result of chemicals in their bodies, which they've produced because of their patterns of thinking. Why is this so important to understand?

The chemicals produced interact with your body's cells and enter your cells through their receptor sites; the same receptor sites that would otherwise be used for nutritional uptake. What's the result of this?

Because the 'molecules of emotion' are blocking your cellular receptor sites, there's less nutritional uptake from the food you ingest; hence you will either eat more to try and get sufficient protein and thus you will gain weight or you will starve yourself of protein and thus advance your aging process.

Hopefully you can now see why emotions are your enemy. They are in fact demons (parasites) of your mind and they have 'forms' in the netherworld.

### **Block 3 - Belief in perceived higher authorities**

I'm somewhat disturbed at the elitist push towards what they call 'net zero' and the 'great reset'. I'm disturbed on many fronts:

They want us to just accept their science, yet it is very much their science and very questionable. The idea that carbon is the enemy just doesn't make sense to me. Carbon dioxide is the essential gas of life. We were taught that at school. Remember your lessons on photosynthesis? We need to stop desecrating the great rain forests and plant more trees and not go down some stupid road that's going to make eating a steak a once a year luxury!

Further, if the elite really do believe that we have to reach net zero carbon to save the environment, then why are they mining rare earth metals at a heavy cost to the environment? They use 'climate change' as a weapon to get us to live how they want us to live, yet they do everything themselves to destroy the World's environment. Their tech future is not compatible with what they're trying to sell to us. Do you think they'll eat steak whenever they want to and continue to fly around the globe without any restrictions in their private jets? Of course they will. They do whatever they want and at the same time we comply with their restrictions upon us.

One of the biggest problems we have on this planet is the fact that most people's opinions are the 'parrot-fashion' repetition of the voices of Worldly authority. They are neither interested in nor do they do any kind of independent research before they form their opinions.

It's the same with these vaccines – in the UK we now have 75% of adults double jabbed; yet how many of them know exactly what's been jabbed into them? They are quick at ridiculing the unvaccinated and calling us stupid, but they are the sheep who have lined up for the unknown cocktails they have allowed into their bodies. This unerring trust in authority will be their downfall.

The vaccinated are saying, "I believe in my government – I stake my life on them". The unvaccinated are saying, " I disbelieve my government and their presstitutes, for I know they work in the interests of the elite and not in the interests of the people".

Well, the elite-employed fact-checkers do a great job at keeping their narratives intact, but what if they're lying to fulfill an agenda? Ask yourself why you don't know about climate engineering and weather modification? Ask yourself why you don't know about graphene oxide and whether or not it's in the vaccines and some of the masks?

The conditioned mindset of the sleepy human and the outright arrogance that is found in ignorance, are hallmark traits of the human consciousness found upon this World.

Many emotionally intelligent (forgive me but I have to laugh at that term) people have clearly been conditioned into orthodox belief systems, which span all facets of our society, including the religions, the so-called educational content in schools and the so-called health-care providers; all of which are designed to mislead the populace and get them drug dependent.

The elite can only remain in control whilst their mind control techniques remain effective. Many people are now waking up, but the question is whether it's too late.

The idea that there is an authority higher than you is illusory. You were born from the Source and you are made of the Source. There is no higher authority than you! Doing what you're told to do by a government that works for the elite, is voluntarily giving your power away to an elite few who will happily control how you live your life because that suits their long-term goals.

You are the deity, you are the truth, you are not anyone's subordinate and that's what the self-appointed 'powers that be' don't want you to know.

## **Block 4 – Body consciousness is confusing real identity**

As you know, we've just had the Olympics here – sports people pushing their bodies as hard as they can (or as accurate as they can). The elite love us to be focused upon competition. Competitiveness is encouraged in the classrooms. Competitiveness keeps us separated and body-focused. Sports people think they are their bodies and thus their ultimate dream is related to how they can perform with their bodies. They are adrenaline junkies and heroes of the masses.

I have no issue with sports people! I admire their drive and commitment to their chosen sports. I am merely pointing out that there is a big difference between what I consider to be the ultimate in self development and what they consider that to be.

Of course there's been some gender controversy at the Olympics. Regardless of the fact that the elite are 'muddying the water' where gender is concerned, one should understand that gender is not about what you are but is merely a temporary experience you are having. You are not really a man or a woman as those identities pertain to your body, which you are not.

One of the most challenging things for me to understand has been my attraction to the female form. Of course it's body consciousness again, but it's also some kind of self-reflection and it's not limited to any one person. I think God can more easily be seen in the female form and demeanor.

As already mentioned, we were all born from Source energy, eons before the bodies that we know were ever conceived. We have mistakenly identified ourselves with our bodies.

I have talked at length in my books about our true nature, so I'll simplyfy it here:

We are Source energy (consciousness) that has manifested itself as Spirit and Soul, which in turn has immersed itself into and around bodies in order to experience this last kingdom.

If we don't correct our core identity, we die as 'body conscious' beings and the mind control continues beyond the grave by virtue of our own weakness of mind. Mind control stretches into the light (it's come from the light) and a body-conscious weak mind is easy to control.

There are queues for new bodies in the light (reincarnation) just like there are queues for vaccines here...

## **Block 5 – Confession is good for your soul**

I want to be very clear about one thing – you are not accountable to anyone.

All of us have done stuff in the past that we are not particularly proud of and sometimes we have repeated stuff that has embarrassed us or shamed us or made us feel guilty.

Christ consciousness means living life without the energetic effect of the past. So it's best we deal with these memories and their associated emotions.

Confession and forgiveness are our tools and we confess to ourselves and we forgive ourselves. We become truthful about what we've done and the kind of person we were. We move forward, having learned our lessons and we never go back for the guilty feelings, which can be addictive feelings.

Be honest with yourself. Accept the way you've been and what you've done, but also accept that you can change yourself and thereby uproot the anchors that hold you in the past. Your evolution simply means you changing yourself.

Your confessions and your forgiveness are for your own soul. You are not accountable to other people, so please don't give your power away to them.

## **Block 6 – Retire your neediness**

A man's got needs and so as a woman. Have you heard that before?

All of us are needy or have been needy, but understand this is pure ego coming from the lower consciousness found in the lowest 3 chakras.

To draw nearer to Christ consciousness (the ultimate in self-development), we must become aware of our neediness and gradually retire it. This process doesn't happen over night; it can take years!

The Spiritual, evolutionary, Soul journey, is to intimately get to know the polarised, lower consciousness of the first 3 chakras; then because of that knowing, close the lower windows in order to open the higher ones...

If you are consciously working on yourself (doing the Great Work), your Spirit will keep your body alive indefinitely.

## **Block 7 – Muster up some self-love**

I've put it this way because, due to the deliberately created hunger games society, there's a fine line between a healthy dose of sanity and suicide.

Self-love is a personal journey; it is your Spiritual journey. You have to start somewhere and a good daily question is, "how can I love myself a little bit more today?". It's the little things that count.

Being honest with yourself and with other people is a huge step in the direction of Christ consciousness.

Self-love builds in you the more you come to understand about this life. I hope I have helped you with what I have written here.

Many people suffer from low self esteem and lack of confidence and other closely associated personality traits. This is the result of adopting incorrect identities and consequently comparing self to other people.

To really advance in self-love, you have to accept that you are your deeper self (as I described earlier) and start to align yourself with that identity, leaving behind the human identity because that's just an experience.

HUMAN is a fundamental PROGRAM that LIMITS what YOU really are.

## **Block 8 – A bad attitude is an anti-Christ trait**

I've recognised that my past inability to have 'good relationships' was simply a result of not having a great attitude. A great attitude towards other people, towards partners and towards all life is a great regulator in modifying behaviour. Although I seemingly had to write 5 books to arrive where I am at, I could have just said, "focus on improving your attitude towards all life".

The next time someone upsets you and makes you emotional, just see them in your mind and remind yourself that they're going to die! If you stoop to their level, you'll die too!! It's best to just mind your own attitude and let other people continue to cause their own demise.

This World has many beautiful people in it and many idiots ~ Gary Bate.

We all live or die by our own decisions and attitudes ~ Gary Bate.

## **Block 9 – Running a secret life**

On the subject of relationships, I said in my last book that running a secret life will always kill you in the end (unless something else gets you first). I revisited that in my mind and questioned why I had said that. Here is my answer:

A secret life exists in the consciousness of the first 3 chakras (sex and control sandwiched with emotions). It is this lower consciousness that slowly kills us.

Immortal life is living life from the consciousness of the upper 4 chakras, which you can only do when you have permanently closed your lower 3 chakras. I've talked extensively about this in my books...

## **Block 10 – Fantasy land**

Your thoughts about another person are more often than not entirely wrong because they are your thoughts and you have fallen into fantasy land. Your mind does this until you reign it in – it kind of automatically drifts off into conjuring up all kinds of thoughts that have no basis in the truth but serve the purpose of bringing about feelings within you, which sometimes you quench. You do it to yourself.

Reigning in your fantasy life is said to be the last mastery (block to the master) on the route to Christ consciousness.

## **Block 11 – Addictions**

I'm just going to mention this because it's really no different to emotions (emotional addiction) in that it's what we should give up through our own wisdom, but what we find extremely difficult to give up.

A classic example today, which applies to mass numbers of people, is their addiction to social media and oftentimes to their phones.

As I've given up my addictions, I've got bored and apparently this is normal.

In the absence of what has been stimulating us, we are often bored and struggle to alleviate that. The way out of boredom might be to find a mentally stimulating book or look at doing some kind of work in our environment. It's often the little things that count.

Recovering addicts say it's best to take one day at a time and not to live in the future otherwise your mind will make you anxious.

Addiction (emotional and otherwise) is what we are here to master and living in the present is the result of this self-mastery.

## **Block 12 – The illusion of Death**

Source is Consciousness and consciousness in motion is Energy. You are of the Source and thus you are Energy & Consciousness.

Energy (consciousness) can be suppressed and have its form changed but it cannot be killed. You always live in some form or another.

We cannot stop our family or our precious animals from dying. We can only get a better understanding of this life, which helps with the pain of loss.

Nothing ever really dies – it's all illusionary and the authorities use it to manipulate people through fear.

Turning the page in your Soul and starting to live from your new (real) identity, is what will help you to deal with the loss of loved ones.

Here's a few more of my thoughts and suggestions for you:

Do live as if you are an eternal being because that's what you are.

Live as if there's no ending to your life because there isn't.

Live as if there's no time because it's an illusion.

Be patient. Be calm. Be relaxed. Be at one with all life.

Be kind and respectful to everyone because everyone is challenged, even though they may not be aware of that.

When you change yourself, your energy comes back to you from the you you changed from. This is how you destroy your past and move closer to living in the now. This is your journey to Christ consciousness.

People get emotional because they think they are their bodies. This is the basis of all mental aberration and useless emotions. Thus people do whatever their government tells them to do. They honestly believe that if they stay at home and take the vaccines, they will be saving lives.

But how can you save anyone's life when they are an eternal being? You simply can't do that. The closest you can get to saving anyone's life is teaching them how to evolve their Soul and that's what I do.

Our animals are the same as us – eternal beings. We cannot give them more life with surgery or drugs, because they cannot have more than the never-ending existence they've already got! However, we can allow them to have dignity as they live out their days of their incarnations.

If you're contemplating putting your animal through an operation that will cause he or she pain & suffering, ask yourself – is this really for the benefit of xyz or will I be doing it to satisfy my own emotions?

Euthanasia prevents unnecessary pain & suffering and it gives the animals love & dignity. Euthanasia should be the right for all people too.

People have the right to discard their bodies whenever they want to. For some reason the motor-neurone sufferers always come to my mind. The stupid numb skulls who prevent them from having this dignity, are a disgrace.

Hopefully, one day, you will wake up to the fact that you're so much more than your body; because body-consciousness is the illusionary life.

You think you've failed but how can that be when there's no end to your life? You can never fail for there's always more life...

You can call this a Matrix if you like, but you won't advance beyond it if you fight its agents. The 'agents' are also gods. Love is the only answer.

Yes this is an illusion that people think is real, but there's no significance in that because your reality is only what you get to experience and believe in.

Yes God is here deep within everyone, but God is not involved here because God is only involved where love pervades.

You can move to where God is involved, but that requires you to cease all judgment, because in God's eyes there is no right and wrong.

The Father and I are ONE, is the truth for everyone, but that's a matter of personal realisation for everyone and choice to live without any judgments.

A real World full of love awaits you (this is the Phantom one), but obviously you have to become that to get there! And clearly that requires you to close the doors on the ways you have been living...

We are all swimming in the river of pure thought, which we have accessed through our Spirit. It is our Soul that enables us to 'hold thoughts' in this never-ending river.

Our ability to have our own thinking is what gives us individuality, indeed, this is the only real thing that distinguishes each person.

The thoughts you hold and observe and alter and judge, are what makes you unique.

This process of 'alteration from the pure' is how you've developed an altered-ego. This 'collection of attitudes' is how you've programmed your Soul. The significance?

Your body operates from your Soul's programming (Soul is the Master of the Body). You age and die because you've programmed that into your Soul (it's how you've altered, judged and concluded your thinking).

Thought always precedes reality.

If you view reality and that causes you to think, then you are transmitting your judgment about what you've viewed and that further cements your attitudes and your point of attraction. No wonder your life is the way it is!

So it is that your body is just the physical manifestation of your attitudes. Now you see the significance of pure thought (Pure Mind).

What if we take our judgmental glasses off and work at correcting our attitudes? This is how we re-programme our Souls and heal our bodies...

If you do what I'm suggesting, it will take your body time to 'catch-up' as it takes time for 'past spent energy' to come back to you. This is a time for you to practise patience.

As your energy comes home, your body will change, but only to the extent that you've done the work and changed your limited and judgmental attitudes.

I hope you can now see how we condemn ourselves and how we sabotage ourselves, but also how we can be our own liberators and saviours. We do it to ourselves and that's the way it's always been.

Finally, I think it's important to be aware of your options upon death.

Your aura is your Light body; it's what you return to when you die.

There's Consciousness, there's Light and there's Mass – in that order.

Consciousness finds its resolution in Mass via the Light body.

There's nothing in between your physical body and your light body – it's light all the way back.

The Darkness is beyond the Light and not before it.

You have 3 options when you die:

- You can stay here and haunt.
- You can go to the Light and return as a baby.
- You can go to the Darkness and explore what's beyond.

So strong can a person's emotion be, that when they die they will stay where their emotion is and that can remain so indefinitely.

Most people go to the Light because all have been programmed to believe that's where God is and the Devil is in the Darkness.

In the Light, the holographic review that occurs is the stripping away of the person's emotional memory (your wisdom is in your soul). This is a 'virtual feast' for the 'angels in the light' who sustain themselves the only way they can (by robbing your emotional memories). These angels are cowardly beings who have never experienced mass and refuse to. They are happy to send you back collecting more fodder for them. Hence you are re-born as babies lifetime after lifetime.

The heavy programming here prevents you from going to the Darkness, because you equate it with everything Bad and Negative and Evil. It is what offers you the purest adventure and freedom from the angels in the light.

From what I can ascertain, this World is a grand illusion, which has been designed purely to evoke emotion in us. This has a dual purpose: firstly, it's for us to see this illusion and consequently own our emotions as wisdom; and secondly, it's to sustain (feed) the angels in the light with our highly charged, unresolved, emotional memories.

When you die, all of your emotion empowers your Light body and provides the only food source to sustain the so-called Lords of the Light. They love all of that raw emotion...

The way out is also 2-fold: firstly, don't go into the Light! Secondly, accept the real reason you are here, which is to gain in wisdom. Everyone can only do this for themselves. Those who think this World is real will be re-born again.

I hope you've enjoyed this article of mine. I was going to write another book, but I didn't have enough material without repeating material I've already published; so here it is as a free pdf for you to circulate amongst your friends.

Best wishes to you all ~ Gary Bate.

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