

There is this disparity between how you think things are and how things really are. At one end of the scale you have people like David Icke who believe they have connected all the dots and at the other end of the scale you have those who believe every word that comes from mainstream media.

There is of course wisdom in connecting the dots, but of course there's also wisdom in accepting that you don't have all the answers. "I know a lot but I don't know everything" kind of stance.

An optimistic or pessimistic stance is just that – a biased stance that doesn't serve you in any way. I think 2022 will be a tough year but that's not me being pessimistic.

We're in a time and place where we all need to look after ourselves. We need to stay 'connected' with others, not just for our mental health but for theirs too. Be kind and loving towards yourself. Take gentle daily exercise and eat nutritious food if you can. Try and give your body what it needs.

There is the way things are and there is the information and disinformation about the way things are. Be aware, disinformation mainly comes from official sources...

I had a conversation with a friend last night and I said to her, "it depends upon whether you believe 'they' are trying to depopulate the planet. But of course what will happen next year will happen anyway, regardless of what one believes..."

There is a danger in living in your mind because your mind might be so divorced from the reality.

Why are people migrating to the bible belt? What do they know? Why are people buying precious metals? What do they know? Why are people behaving like ants and storing supplies? What do they know? They know there's a global depopulation program happening right now!

You can think whatsoever you want to think. You can do whatever you are capable of doing. You can believe what you want to believe, but are you sure you know the truth about how things are?

Going into next year you have a choice: You can continue to wing it like you've always done, thinking that you'll always get by like you've always done or you'll realise I'm not talking a load of bollocks and you'll start observing ants...

I was a boy scout and the motto was to be prepared.

Understand that we're all sitting ducks. When the power goes there's no food or water after 2 days! Have a good think about that when you're feasting on turkey today. Everyone's World can change in just 2 days! How quickly will the World change if it kicks off with Russia? Be prepared!!

War is good for 'their' businesses. Putin and Biden are both Zionist globalists. What did they discuss on their recent Zoom call? If the globalists are depopulating the planet, why wouldn't they start another war? After all, killing people is the objective!

My message is not to make you fearful or to spoil your Christmas. Indeed, why am I delivering it on Christmas day? Because Christ is truth and not illusion. Truth is truth, regardless of what you believe. My message is not bad or evil. I am not a part of the evil clan trying to depopulate the planet! My message is for you to prepare for what's going to be a very challenging year next year.

I care about you. I care about all of my people. I know there is goodness in all of humanity. But I also know that there are evil, elite, tyrannical, eugenists who are running this planet; who don't care about you and I. They will kill you if you allow it to happen. Merry Christmas! ~ Gary Bate.