

Common Mental Aberrations by Gary Bate

There are many common diseases (aberrations) of Human consciousness that aren't obvious when you're embroiled in them. For example, being motivated to try and find acceptance amongst a group of peers; can be the reason for many different types of behaviour. Seeking approval is another flaw that springs to my mind. But there's one that even aware people seek to favour and it's a form of self-delusion.

When you continually justify behaviours that are not aligned with your Soul, you're not only engaging in self-delusion; you're arguing for your limitations. In short, you're kidding yourself.

So, as Spiritual beings, where should our focus be? The answer is simple. We should be wholly focused on getting off the incessant wheel of re-incarnation. Why? Because it's an indefinite trap until we become super-aware and start re-defining ourselves.

We are born completely vacant, to ignorant parents and subjected to societal mind-control from day one. We live lives that propagate ignorance, then we die, get stripped of all our memories and then are re-born yet again for yet another go at getting off the treadmill...

Do you think this is not true? Are you kidding yourself?

So what does it take to get off the wheel of ignorance? Knowledge. Death is a failure to know enough. I am the same as you – I will die if I don't get to know enough and live what I know...

What keeps us on the wheel of reincarnation is living in an emotional mindset. When we live emotional lives that are focused upon survival, sex, money, image, family and control dramas; we are prime fodder for those who are in control of the wheel. Put simply, if we continue to live in this way, we stay on the conveyor belt...

If you've read any of my material, you'll realise that I'm no longer 'normal' and dare I say it, I'm proud to be paranormal. We are not here to live 'ordinary' lives; we are here to be extraordinary! Said another way, we are here to become alien to ordinary human consciousness.

Please do not concern yourself with what other people say and do because that's their concern. If you allow yourself to get caught up in it, then you're just feeding your own emotions (demons).

What keeps us attached to this World and glued to the wheel, is our inability to emotionally detach from people, places, animals and things.

I've just this second received an email from the World Economic Forum telling me to 'Understand the Bigger Picture'. Now I find that extremely ironic. They think the bigger picture is just this tiny World on the edge of the Milky way, but my mind is dimensional.

To leave the trap you have to know what keeps you hooked into it. A good starting point is to find out where all your emotion is held. Reading my material will help you to bring that energy home.

It's always best to start at the beginning. *We Are Here To Know Ourselves* will give you an insight into me and my journey, which I think you'll find invaluable when you get onto my latest works...

As a teenager, in order to find acceptance amongst my mates (peers), I became a sexual predator (not in any illegal way). This coloured and blighted my life and it's been my biggest Spiritual challenge and conquest. I can talk about it now because I am beyond it ~ Gary Bate.