

I am somewhat hesitant to write this, but having had many OBE's, I am confident in sharing this very important knowledge and especially so as other knowledge on the subject is scant.

Human conditioning tells us that there are certain things that we cannot know and that we should just trust in the process of death and take pot luck with our destiny. I don't agree with that.

Human conditioning also tells us that 'we all die' and whether or not that's true, it places a great importance on this insight I am about to share.

Where has my knowledge come from? The same place as yours! We learn for others – face to face and reading books (watching videos). We learn from our own experiences and intuitive insights...

So if you feel so inclined, indulge me whilst I share what I know about death:

Firstly, do we all die? It would appear so, but appearances can be deceptive. Do some disappear? Would you get to know of they did? A safer stance is – do we all die?

One thing is for sure – if you plan on dying then you will definitely die because that is the quantum law of the universe. So this is for those of you who plan on dying...(the 99.9999%)

You are you and you always exist in some form. When you first 'pop out' you will be in your Light body and you will be in the frequency that is sandwiched between this frequency and the Light, which is Infrared (the same place my OBE's occurred). You now have 3 options:

Option 1: keep your back to the Light and stay where you are (be a ghost). This is a good option if you want to wait for your loved ones to die and join you. Time is faster here and thus the wait is less. You will see others in their Light bodies and you will witness the ugliness of addiction, which is another reason some are here. Emotions keep people here for various lengths of time. You can travel as fast as you can think it and infrared can be very beautiful (cf. Infrared planetary pictures).

Option 2: When the Light beckons you, you go to it. The question is – why does it masquerade as love and beckon you? Many have talked about the 'Light review'. It has a purpose. Its purpose is to show you your Soul – what wisdom you have gained and what is still 'incomplete' in you. Sounds lovely, but in order to show you that, the Light literally strips you of all your memories and replays them to you. In other words – you lose your memories and they go to feed the so-called Lords of the Light. So how are you after that?

You're still in your Light body with a Light body brain and an intact Soul, but no memory of anything – can you imagine how frightening that is? And now you're in a place where everything is exaggerated – good and evil to the extremes! Is it any wonder most plan (Soul plan) to return here, in the hope of completing what is incomplete in them?

This World, Infrared and the Light all comprise a recycling factory of sorts. Babies are born here with no prior memories – a clean slate with a Soul agenda. As above so below. As below so above.

Option 3: Keep your back to the Light and head for the Darkness and the faint light in the distance. This is you moving consciously beyond the Light – a very smart move indeed! What's in those finer frequencies? What exists where the Gold (X-Ray frequency) meets the Blue (UV frequency)? Go and find out. Your Soul still seeks completion and you will always need a fleshy body for that; but it doesn't have to be the humanoid body found here and you don't have to lose any of your precious memories with this option. I hope I have served you and you are now suitably armed ~ Gary Bate.

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