

Go to the Darkness by Gary Bate

Go beyond your fears and reach Freedom. The Darkness is beyond the Light and not before it!

Your physical body is the physical manifestation of your Light body. If you die, you lose that physical dimension (obviously) and you return to your Light body as there's nothing in between.

Everything is congealed energy; everything in known – every thought, every word and every action.

There are entities in the Light (known as the 'Lords' or 'Angels') that chose to not incarnate here. We chose to experience this World and they chose to stay behind.

All of us evolve by coming here, because we get wisdom from our emotional experiences here. The very fabric of this World is emotion and we are here to evolve our Souls, which are energy essences we carry with us. What we don't capture as wisdom remains unresolved in us. The reason we fail to capture all wisdom is because we do not accept that this World is illusionary and we act as if it is real. Wisdom and joy comes when we realise and accept that this life is nothing more than illusion.

The so-called 'Lords of the Light' cannot evolve like we are doing, because they are not here and have never been here. However, because of that, they need to sustain themselves where they are in the Light. They do this by feeding on what we have 'not owned as Wisdom'. They literally rob us of our unresolved emotional experiences (memories) at the point we enter into the Light after death.

So we actually have 3 options if we die:

1. If the death is an accident or very traumatic, the individual's will (emotion) can be so strong as to bind them indefinitely to exactly where they died (e.g. a Mother who dies giving birth). They are the Light bodies that some people see as ghosts. The light that beckons them isn't strong enough to overcome their will to stay where they are.
2. The 99% are happy to go to the Light, because they equate that with God and Heaven. The Lords are enjoying a constant, never-ending, virtual feast. The mis-guided individual is stripped (holographically) of their memories and is sent back here to gather more fodder. The good news is – every new incarnation gives every person the opportunity to gain more wisdom in their Soul, which is not accessible to the aforementioned.
3. The way to avoid options 1 & 2 is the turn your back on the Light and go to the Darkness. There you will find the star in the crucible. Follow the dim light in the distance...

This last page of mine is the most important I have written and it is more important than all writings that have ever been written!

If after reading all of my material, you have any questions, I invite you to email me at:

gary at whatstress.com

But please do not take that as an invite to ask me questions that I have already covered in my books.

One final note: The more you know the more your Spirit (the nudger) will press you to live your truth, which means matching your actions to your truth and not to your thoughts, which come from your past. Failure to do this will result in disease visiting you quickly, as you are on the cusp of superconsciousness. Superconsciousness (the 5th Chakra – living and speaking truth without compromise) is a very fast, almost pure, consciousness; which means that all of your actions that contravene your truth, will have a very fast result in your body ~ Gary Bate of www.whatstress.com