

Have you got your map because you sure need it by Gary Bate.

Every entity carries a Soul (just like a handbag) and although the Soul has a pre-planned agenda for the new lifetime, it does an exceeding poor job at communicating its intention for completion. It's got the map for the new life but it's like the Sat Nav is switched off!

Souls are blown to smithereens here because instead of following what's been programmed in them, they follow other lost Souls.

So what can you do now that you're in another vehicle and the Sat Nav is kaput? Keep driving around in circles?

There is a plan that gets you to the destination but rather than being directed by satellites, it's kind of like a treasure hunt! You follow the plan, you get the treasure and you finally arrive...

The destination is all about the attainment of individual qualities, which become your modus operandi. For instance, one of the qualities is 'giving without any conditions attached'. A condition can be as simple as just wanting other people to think a certain way about you. With this in mind, I have decided to offer free counselling to anyone who needs my help. For me, it's currently the best way I can give to people I've never met. By doing so I claim my treasure...

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The illusion of life is the fantasy; it's what your mind makes up and you live to. Please reign it in...

I'm now going to list the qualities you need to find in yourself in order to arrive at your destination:

1. Accept your equality with all other beings. Never follow, worship or adore another being because all are your equal. Never see yourself as superior or inferior to anyone. You cannot 'arrive' unless you see yourself as God sees you. The privileged few on this planet have the same challenge as those with low self-esteem. None of these treasures can be missed in order to 'arrive'.
2. Staying calm and being patient is a big one for all of us. It's not really number 2 here; it's more the culmination of the journey. Clearly there's a lot more detail, but I've already put it in my books...
3. Being 'ulterior motive free' is one of the essential qualities and treasures. It's all about your smell. The purer your mind becomes the more beautiful the fragrance you emit.
4. No judgment is a golden treasure. We must never forget that nothing would exist if God had judged anything. Unconditional allowance and acceptance of 'how things are' is the same as taking a non-judgmental stance.
5. Forgiveness is an essential treasure. If we cannot forgive someone then we are sitting in judgment upon them. Specific, individual, Soul journeys will include some and maybe all of these treasures.
6. Stop the fight with life. Respect other people's choices. If you judge you're a fool.
7. The identity given to you is a facade. You are what underpins it. You are not a Body (a human being). You are not a Soul (that's just an emotional accounting system). You are not even your first form (your Spirit), but it's a massive step forward to identify with your Spirit because otherwise you are left with the formless energy & consciousness. Time to redefine..

Your Soul is basically useless to you, in so much as it doesn't effectively help you in any way. You have to work it out for yourself and go on your own treasure hunt! I hope I've managed to point you in the right direction ~ Gary Bate www.whatstress.com