

It's a very tall order by Gary Bate

What do you think the highest consciousness would be or is? I would say that it is living true to the truth that we are not these bodies. Would that be what Christ consciousness is? I think so.

Some people think they can live relatively normal Human lives and become enlightened, but enlightenment is the result of the aforementioned being experienced and not some false dream.

If we are not our bodies and I know that to be the truth; then we are to live true to that to experience it in order to say that we are enlightened. Can we say it and prove it if we become it? Absolutely!

I'm going to the core here because, after 30 years of writing, there's no longer any point me beating around the bush. I want to give it to you straight and then you can do what you like with it.

We are not these bodies yet we live like we are...

We are a conscious energy that has inhabited a body for the experience of it; but the greater experience is to live true to what we are whilst we're in the body. It's a very tall order.

We absolutely have the right to live how we want – that's called free will. We can live as a Human, die as a Human and be re-born as a Human, indefinitely; albeit that future incarnations will be re-born to cyborg bodies as pure emotional Human will no longer be available.

That's one of the two destinies that each and every one of us has.

The other destiny is only available to those of us who successfully achieve what I have outlined above. It is a gradual process of letting go of one image at a time. Images are associated with the body and its emotional attachments. Climbing the stairway to heaven is a very slow process...

Is success or failure against the perceived values of this World relevant to the bigger picture? No, it's irrelevant; it's just your own perception. For instance, I have previously beaten myself up for not being there for my kids, but that was only ever true in a physical and material sense.

We can all argue that God is not here for us, but how true is that? God is reaching out but we're not! How many people reach for God on a daily basis? How many people know how to ask God for what they want? Ask by giving thanks for already having it...

The perceived values and self-imposed measures of this World are but temporary illusions. Many only realise this when they return to their Light body. The contrast is always the same – are we living for materialism or for our Souls?

It's easy to see the Soul impediments in others and difficult to see them in yourself – hence, don't look for the splinter in my eye until you've plucked the log out of your own!

There's much corruption in this World; even Teresa apparently only made it back to the Light.

By all means give yourself a pat on the back if you're climbing the Stairway to Heaven but don't kid yourself that you're anywhere near the top. Living as a conscious ball of energy whilst in a physical body that is addicted at every turn, is a very tall order indeed.

How many of us will make it to the landing in this lifetime? Will I see you at the top? ~ Gary Bate.

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