

## **Love & Relationships by Gary Bate**

If we knew what love is then we would love like God loves us. Perhaps the closest we get to this unconditional love, is the love a mother has for her child.

Love is confused in the human drama. It is confused with sex; it is confused with smothering; it is confused with emotions and it is confused with the subtlety of control that people exert upon others.

People often tell others that they love them but how much of that is “I need you”?

Love is not fickle. If you love someone, you love them regardless of what they say or do or how they are. Love is love; it's not conditional.

As for relationships - they exist for many reasons and it's rarely because of true love. To me, there's only one genuine reason to be in a relationship and that's if your partner is good company.

Relationships that are hinged on sex or emotions or control dramas, are always fragile.

We will not know love until we raise our kundalini energy to our heart centres and that is a complete letting go (throwing the sandbags out of the balloon basket).

The greatest challenge in this life is to get out of here alive. That is you conquering yourself..

I have written and published 7 short books to help you and they are all less than £15 to buy. You will decide whether you already think you know enough ~ Gary Bate.

<https://www.whatstress.com/>