

Manifestation & Experiences by Gary Bate

I could argue that this is the most important topic because our lives are just an accumulation of experiences. We live to experience and hopefully to capture the wisdom therefrom.

If you declare something but your subconscious mind doesn't believe in it, then it will not manifest for you. Manifestation occurs when conscious and subconscious minds line up and speak the same language. For instance, you're not going to manifest radiant health whilst you're taking a daily cocktail of drugs.

Radiant health, in my opinion, is a beautiful experience and it's on my manifestation list.

Your subconscious houses all of your long-term memories (experiences) that you've tucked away in case you ever need to call upon them for reference/past truth. It's a mind that's built upon your past and you carry it forward into your future. This is why your tomorrows resemble your yesterdays...

If you want to create a tomorrow that doesn't resemble yesterday then you have to change your subconscious mind and one way to do that is hypnosis. I originally trained as a hypnotist.

What hard-wires in your brain is what you continuously repeat for at least 21 days. That's how long it takes to lay down new long-term memory, which effectively corrects all of that old trash.

I went riding last night with my best mate and we stopped at our local club on the way home. He brought up the truth about the global sea temperatures and the melting/disappearing polar regions. The biosphere is rapidly collapsing and it only worsens from now on. So what can we all do?

We can't make it right for everyone, because everyone is creating their own lives consciously or unconsciously. After 75 years of global, toxic, chem-spraying; we're not going to get the elite to turn their nozzles off. But we can, individually, create our own realities against this deliberate trashing by the elite.

“I am always in the right place at the right time”

How long does it take your subconscious mind to get the above statement? 21 days of repetition.

“I always have access to clean drinking (bathing) water and a variety of organic food and wine”

Are you getting the idea? Being a master is ignoring what's in front of you and creating your path...

Can anyone do this? Yes! That's why I bother to write it down for everyone.

So then your daily, carefully crafted, statements that you're saying out loud to re-programme your subconscious; become more important to you than anything else.

We're not here to be tested; we're here to prove truth to ourselves. Imagine the excitement when you bear witness to purposely creating your own life. Heres my favourite and it's very powerful:

“ I only have beautiful experiences and I cancel all destinies that lead to the conclusion of my life”

Beauty of course is in the eye of the beholder :) ~ Gary Bate.

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