

My simple truth by Gary Bate

I am full of love, so I don't have any room or time for undesirable things such as bodily dis-ease.

I am complete and resolute, which means I have owned all of my 'unfinished business'.

My body cannot die or become disabled because I never have accidents and I have cancelled all destinies that lead to the conclusion of my life.

How can this be? It is as I have stated because I repeat my truth every day and I have understood Quantum physics, which makes it clear that one's thinking PRECEEDS one's reality.

I am always 'open to know' and I ask my God to keep me that way every day.

I recognise that we are all here to reduce the weight in our souls, so that everyone's soul can be balanced against a feather. I am available to help others to own their 'unfinished business'. This process has no time constraints and it is a process of correcting conditioned thinking with simple truths, to return energy to self that has been previously leaked through one's emotional body. Deep healing is felt emotionally because it's a return of energy through your emotional body ~ Gary Bate.

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P.s. Simple truth requires explanation before it can be contemplated and accepted and it requires the recipient to be humble and not arrogant. As a first port of call, there is great value to be had by getting copies of my books. If (after reading them) you want further clarification, you are welcome to email me at gary at whatstress dot com.