

## **Our relationship with other people by Gary Bate**

We are gods – it is natural for us gods to interact with each other. But that is a mind thing – the joy of 'minds copulating'.

By contrast, image-conscious people who think they are their body, look to get their emotional and sexual needs met by connections to other image-conscious people.

I like to keep things simple because really it is simple.

As gods we have a marvelous future because that is what we are. As image-conscious bodies, the future is the continual re-birth of new bodies into the same image-consciousness, including A.I..

Life is eternal. One can be in illusion eternally.

A body's sexual and emotional neediness is addiction that is rooted in the body chemically and the body produces voices/images in its mind (bodymind) to motivate the unwise around in redemptive cellular circles. People need to accept that emotional addiction is the biggest addiction there is.

The body itself is congealed thought and it is the PAST because it's where thought ends up. The thought is the cause and the physicality is the effect (the past).

Mastery then is mastery over your own body – it's removing the addiction from the drivers seat and putting you, as the awakened god, behind the wheel.

So in effect it's walking away from the past into a self-created future – we are gods and how we live is up to us.

If the future contains the past then it is the past regurgitated. We want a future full of free energy, which means no emotional attachments carried forward in the design of it.

Are specific other people important to us? They shouldn't be, because they are the same as us – gods on their own individual journeys of self-exploration. O my what emotional games we play...

The truth is, most people are utterly lost. They're steeped in the illusion of self-importance and thinking certain other people are more important than others. Believe it or not, all are of equal importance to the only mirror you should see yourself in.

Maybe now I've got you thinking? Can you see the delusion that exists in this World? God is here equally in all of us, but do we live that? Nope, we think our family is more important than other families. That's a shame.

We're not islands and we don't need to isolate ourselves; we can interact with other people without forming emotional attachments. We can enjoy each other, enjoy the places we visit and live in, enjoy things etc. but attachment equates neediness and that's what we need to conquer.

It takes wisdom to let go, but when we do, it's like throwing the sandbags out of the balloon basket.

I have another article along the same lines: <https://www.whatstress.com/Walk%20away%20from%20the%20past%20into%20the%20future%20by%20Gary%20Bate.pdf>

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