

## Owning all aspects of control by Gary Bate

We all know people who are big on control but how well do we know ourselves and how we subtly control others or try to?

We are a society of control freaks, from the very top to the very bottom. Even the victims in our society exercise control by being the victim.

Frustration and even anger emerge when we can't exercise control over others...

Emotional love is all about control. "I love you providing you...".

Subtleties of control include persuasion, influence, manipulation, seduction, coercion, taking advantage of and I'm your friend providing you do as I say.

All aspects of control are not love. Where you find control you don't find love.

There's nothing wrong with sex per se; it's what's wrapped up with it. How often do you get 2 people being intimate in the presence of unconditional love? It doesn't happen on this planet.

People are lustful, emotional and controlling. If we were 'unconditional love' we'd be elsewhere...

Love is indeed the answer and love is indeed the only thing we need, but people confuse it with their emotions. The saying, "I love you unconditionally" is a joke. It is said by people who have no understanding of love.

The subtleties of control will amaze you and that's the only thing that is keeping us anchored down here. When the 'image consciousness' and the emotional body and the fantasy life are all conquered; all that's left to conquer (own) is all aspects of control. Then we have 'lift off'.

So you see the science of ascension is actually very simple, but VERY difficult to achieve here...

Raising your kundalini energy to your chest is throwing all of the sandbags out of your balloon basket. Lift off is the love that sails away from this bundle of emotions, control and image worship.

You accrue self-love as you give up (let go of) your addictions and self-love is the ticket to raising your kundalini energy. After all, you cannot love another more than you love yourself.

Here we go again – I keep taking you back within and I will always do that, because therein is where the REAL journey is.

Master yourself, then you will attract all that is love, albeit that this will not come from current known directions. It always starts with self. I am talking to myself as much as I am talking to you.

We are all rough cut diamonds that need polishing :)

I chatted with a friend yesterday about the state of the World. I could have just said one thing:

Elites trying to control the masses to maintain and expand their elitism and the emotional masses trying every trick in the book to try and control each other. If we all give it up, we will not only find love; we will live in equality and mother nature will heal herself ~ Gary Bate.

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