

It's so simple and so subtle that we've overlooked it by Gary Bate

In my books I've talked about the Spiritual advancement gained through emotional detachment and how we are attached to places, animals and things and more overtly to people. The idea that we should detach from other people, even our own family, is horrifying to most people – why is that?

There is a fear that we all have and it's being irrelevant. Unconsciously, we have been and are motivated by our desire to be relevant in other people's lives. We act in ways to make ourselves 'relevant'. These actions can seem irrational to others because they haven't reasoned why we are acting in such ways.

We act tyrannical or like a victim – why? Because we want to be relevant. We control others to make ourselves relevant.

We argue to make ourselves relevant.

Addiction is about relevance.

Following, worshipping and or serving others is about you being relevant in their life.

Bending over backwards to try and please others, is about you trying to be relevant.

When someone asks you the question (what do you do) and you feel like you've got to justify your existence in their eyes – that's you trying to be relevant.

Going out of your way to try and be relevant when you're naturally not, is you being insincere.

It's not about wanting to be wanted or wanting to be loved; it about you wanting to be relevant.

I'm labouring this because it's very important yet very subtle. If you can see it at work in your own life, you will also see the opportunity to retire it.

I can see how my need for relevance has motivated my whole life, even the 25 years of writing I've done! My addictions were grounded in me trying to be relevant. My place in other people's lives, was me being relevant to them and they to me. There's nothing wrong or bad about us always trying to be relevant; it's the Human way to be relevant.

It's the Spiritual way to be irrelevant.

People need to understand that there's no correlation between Human behaviour and Spiritual behaviour. The latter is beyond and a mastery over the former.

This snippet of an article is a good example. We can continue the Human way of acting to make ourselves relevant in other people's lives or we can retire it, rise above it and assert our Spiritual truth of irrelevance: it's always our choice and that's why it's always fair (we do it to ourselves...).

Please don't underestimate what I am saying here. I got the heads up on this from someone else, who I am very grateful to for this insight. Who said Spiritual knowledge is difficult or complex? This is subtle and as simple as it gets!

Let's stop pushing ourselves on other people – this emotional insincerity must stop ~ Gary Bate.

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