

Being responsible is always being able to respond to situations instead of reacting to them. A response can be to do nothing! A response is thoughtful. A reaction comes from an emotional weakness. Thus the more wise and less emotional we become, the more responsible we become...

If we try to alter the behaviour of others then we are being tyrants. We are being loving when we do not interfere in the lives of others.

“Express how you want to express and allow others the same grace.” That's my motto ~ Gary Bate.

I predict 'they're' going to push us to extremes. I expect this war will continue and we will all be faced with not only food shortages, but electricity (gas) and water shortages too. I also think we're not over with Covid (pandemics) and the next pandemic will hit us very soon (because their warnings are coming directly from their plans). To complete this dystopian picture, we know their Central Banks will soon introduce their 'programmable' digital currencies, which they will use to control us; just like they controlled (and robbed) the Canadian truckers. This paragraph is not fear-mongering; it's being aware of what's coming. Why do you think they're getting rid of civil-service jobs and funding Ukraine to proliferate this war? It's all in the Globalist's (the Davos crowd's) plan.

With the advent of further lockdowns (pandemic & climate), travel restrictions for us non-compliant and controls over the availability of our own money and how we can spend it; the ability to navigate to a self-created dream: is becoming more and more difficult by the day...

Our saving grace is to go within and to get to know the truth. I now know why the Great Master said to God everyday, “Beloved God open me up to know”. It's because death is the result of not knowing enough and the above desire is what opens up the brain to receive higher consciousness.

I've got a recommendation and a contemplation for you to finish with:

Welcome to the Asylum! If you've never listened to Dane Wigington then here is your opportunity:

<https://www.geoengineeringwatch.org/geoengineering-watch-global-alert-news-may-14-2022-353/>

There is no climate change without climate engineering...

Try and be logical. I like logic – it's more reliable than emotions. You have a body and you have a Soul and you have a Spirit. Your Spirit controls your Soul and your Soul controls your Body. So who controls your Spirit? Believe it or not, it's a great question and there's only 2 possible answers!

Either you control your Spirit or it's controlled by some force outside of you. If the latter then we're all victims to that force. If it's you, then it must be a higher-conscious aspect of you – a part of you that you're currently unaware/unconscious of.

Who tells your Spirit to call your Soul out of your Body at the point of Death? Is it you or is your Spirit an entirely different entity to you and a law unto itself? Who's playing who?

Some people think there are things one cannot know – they're the kind of people who don't want to know and just bury their heads in the sand. Who says you can't know all of the important stuff?

The variable in all of this is mind and what you really are – consciousness. If we are not victims and there are higher-conscious aspects of us running the show, then we have a super-conscious journey to make and complete...

I sincerely hope my efforts help you with your life ~ Gary Bate of <https://www.whatstress.com/>