

Stay on the Fence by Gary Bate

If you fall to the right hand side, you're into feeling good and being right and being positive etc. There's nothing wrong with that. If you fall to the left hand side, you're into feeling bad and being negative etc. But if you stay on the fence and observe, you don't feel anything.

Good morning! We're all told to get off the fence and make a decision, but we're never told about the stance of our creator, which is jovial observation!

What do you think the saying, "the Father and I are one" means? It means you stay on the fence and experience the joy of feeling nothing. That is mastery and that is Christ consciousness.

You press the buttons and you come off the fence into known feelings (emotions) and the reason you do this is because you're addicted to your emotions.

Emotional addiction is bigger than any other addiction and it's the self-imposed trap here, because nobody has taught us how to move beyond them, until now.

<https://www.innerworkspublishing.com/news/vol37/mindhooks.htm>

I am reminded of the 3 stages of evolution:

1. Unconsciousness – a person drowning in their emotions.
2. Awareness – the person wakes up and starts to observe their life.
3. Superconsciousness – the Observer is observing itself observing.

You (we) are now moving from 2 to 3. It's OK to feel nothing but joy and that's the effect of doing the work that keeps you on the fence, which ironically is the most powerful place you can be.

Your body, via its own dominance in your mind (body-mind), always nags you to repeat the 'feelings'; it pleads its case to you and you have to take your power back by disagreeing with it.

The trap here is a kind of conveyor belt, which the fallen angels feed upon. Hopefully you're one of the 1% who won't get recycled this time around. So here is a World that evokes emotions in you, for 2 reasons; firstly, as the only sustenance for those above in the Light and secondly, to give the 'awakened' the opportunity to own their emotions (feelings) as wisdom.

The only thing that stops people from waking up is their own attitudes! Who said life wasn't fair?

How many of you will forward this to all of your contacts? I know the answer – none of you; yet if you did that, the chain effect would cover the whole World in no time and we'd create a New World this year. You think I'm crazy? Maybe I am, but you can't prove me wrong, because you won't do it!

Imagine the joy of no feelings because your past has been retired. No more addictions. A body-mind that answers to you because you've taken your power back and you're now in control. You watch it and accept what you want and reject what you don't want.

Talk to it from the totality of your being... From the Lord (Soul) God (Spirit) of my Being (Body) I command you to produce vital energy etc. etc. From the Lord God of my Being, I do not accept or acknowledge your pain, suffering, lethargy, illness and I command you to be well and 'balanced'.

Feelings are the milk of emotions and joy is the absence of them ~ Gary Bate of whatstress dot com