

Do we try to successfully navigate our lives in accordance with our souls or do we just live haphazardly and try to look after our seeds? It depends upon how conscious you are...

On the current trajectory you're going to die – then what? Do you know the answer? If you don't, you've got a looming big problem ahead of you!

I was an ignorant man – totally lost in this illusion. When I first heard that 'Consciousness is Everything', my ears pricked up but that statement had no real immediate impact – it just kind of got parked somewhere in the back of my mind. But now it's at the forefront of my mind and I'm suggesting that it should also be at the forefront of your mind – because it's super-real important !

Consciousness is everything. Your every thought is creating your life right now and for all times. If you think you have no other option (you think like a victim) then those are your thoughts that are impacting your life. Everyone can always say NO.

What kind of Government gives away its power and the sovereignty of its people to a privately owned NGO? That's what's happening right now. Governments are empowering the WHO to legally dictate the policy (the response) for the next pandemic, which is in the pipework...

So tomorrow we're going to get another pandemic and the governments are going to tell us that they have to comply with the WHO, which will impose mandatory vaccinations and lockdowns...

If you think you are free on this planet then you need a good shaking.

The fascist train can no longer be stopped but we can still all say NO.

The fascists do not know what's best for you; they only know what's best for them and that's what they always put in place.

You comply, you die and you comply again because you haven't got a fucking clue what's going on.

If you read my website and my books, you will know the answers and thus you will know how to successfully navigate your life – consciousness is everything.

Broadly speaking, all consciousness can be split into 7 identifying qualities. It's best to think of these as gears and your body as the vehicle. The first 3 gears are a dual shift (the duality of male and female and all freaks). Being focussed upon survival and or sex keeps one in 1st gear. Being emotional keeps one in 2nd gear and being focussed on power (control over others) keeps one in 3rd gear. The most powerful people on this planet are stuck in 3rd gear. Everyone is stuck in one of the first 3 gears, because if they weren't they wouldn't be here!

You will never buy, eat or fuck your way out of your predicament. Your journey is purely through the labyrinth of your mind – consciousness is EVERYTHING.

A Time-traveller moves freely between 4th gear and top gear. To be that you have to be unattached to everything and everyone – that's freedom. People trickle along in 2nd gear for all of their life...

I've been writing for about 32 years. It's taken me that long to get to know the answers that my inquisitive soul was seeking. I've recorded it all and not only for my 2 siblings, but for you and everyone who loves and cares enough about themselves ~ Gary Bate.

<https://www.whatstress.com/>