

The black arm with the red finger nails by Gary Bate

It revealed itself to me about a fortnight ago and I've been searching for meaning to its constant presence, until now. They're not evil; there's good in them, just like there's good in us and they want me to correct what I've previously said about them.

All exists in God – there's extremes of good and bad (saintly and evil) in the Light, which is where 'they' exist. They simply made a different choice to us, which has meant that they have never been born into flesh. They are here now as I am writing this.

Energetically they have to sustain themselves, in the same way as we energetically sustain ourselves with food & water; they do it by experiencing what we've already experienced (our memories) and our wisdom therefrom remains intact. Hence we get re-born without memory.

Some get the actual experience; others get the popcorn out and watch it virtually. I no longer have a problem with that, because one's memory is often one's greatest impediment to personal growth.

Moving on... My life has essentially been the same as yours. The devil may be in the detail but there are similarities for all of us:

I have been irresponsible and responsible. I have been dependent and independent. I have told the truth and a load of bullshit. Are you any different? Really?

I have had relationships, been married and had children. Maybe you just had lovers... How different is it really? I have experienced emotions and realised wisdom; just like you.

I've holidayed to places near and far away and I've lived in different countries. Maybe you just sat on a rock in the Himalayas and admired the view...

I have worked to try and make a living and I have been poor as well as being abundant. What has been the detail of your life's experiences?

I have played football, scuba-dived, snow-skied and ridden horses and motorbikes – so what?

It's not what we experience or what we've done; it's the wisdom we gain therefrom and what we have never experienced ~ Gary Bate.

So let's look at that: What is the ONE experience that all of us have never had?

I alluded to it in my last article (it's a tall order) when I said our bodies are addicted at every turn...

“I want to experience what it's like to live an addiction-free life”

Riding a motobike fast is exciting but it's not exciting if you're approaching a bend and you don't have the skills to get around it safely. We all have vehicles (our bodies) but we're not in control of them. They are in control of us and they get us to feed on what they are addicted to.

You come home from work and you moan to your partner about your boss – what's that? It's your body's emotional addiction talking. You talk about other people – what's that? Please get a grip!

We have never experienced living an addiction-free life. That is the unknown to make known.
~ Gary Bate of whatstress dot com.