

The rub off and face off by Gary Bate

No matter how hard you try, you cannot save anyone other than yourself because everyone has their own trajectory in this life. Save yourself and watch it rub off onto others...

I'm a keen observer, but not only of this life; I'm a keen observer of my mind too. Interestingly, my mind and your mind cannot tell the difference between what's real and what's not; but you and I can tell the difference with keen observation. This is important and I'll tell you why.

Your mind works to bring 'feelings' (good and bad) to your body; even though those feelings are chemically based and slowly degrade your body. This is why your mind fantasises (engages in what is not real and what are lies). It works for chemical hits on your body – emotional and sexual.

Like I said, your mind doesn't care whether the feelings come about from real events or fantasy. So there's always this 'death pull' to continually quench known feelings on behalf of a dying body. I say 'dying' because with 'observer' intervention, you and I can train our minds for health and longevity. This is going through the tunnel that one of my previous articles talks about.

So how much of your life is really happening and how much of it is going on in your mind? Is life not just your mind's construct of circumstances surrounding the unconscious actors/actresses in it?

The bravest adventure anyone can take is to face them self – a personal face off with self. Will people do that? That depends if they want to save themselves....

The keen observer is always following his or her mind and looking at every motivation behind what they say and do. For instances, are they trying to find favour? Are they trying to control someone? Are they trying to create a feeling? What in truth is their mind trying to do? Very keen observation enables one to be honest with self. Mastery in part is stopping all ulterior motives...

We want to be focused at the top of the Christ-mass tree and not the bottom. The bottom is survival. Please keep that in mind when viewing the below video. I share it because it is an accurate view of our World today from someone who spoke it back in January 1991! It's at the bottom of this page:

<https://www.ramtha.com/free/>

Trump was trying to keep China in check and Biden is in bed with Xi Jinping. The now dead Kissinger was always pushing for closer ties with Russia and China – why? All New World Order operatives know that the new dystopian World is coming out of China. That's why they hate Trump.

The West aren't weary of the Ukraine war; it's good for business and it destroys the bread basket. And who's going to stand up to King Charles and Israel? Nobody. The depopulation die is cast. The biosphere is being deliberately trashed by geo-engineering so that they can hold their COP shams and move the World towards their image (all the control mechanisms necessary to implement the ruse of Carbon net zero. They are the ones who have cut down the trees.

And what about the masses? A few are waking up but most are still asleep. Unawareness of facts may spare them much anxiety and delude them to happy approval of situations that are dangerous and enslaving. Maybe they want to experience being enslaved? The elite's skynet is closing in fast.

Maybe my TerraTrada idea wasn't so stupid after all.. <https://www.whatstress.com/Terratrada.html>

~ Gary Bate.