

## **This one is for all the Bikers and Car drivers by Gary Bate**

You get into your car, but you obviously don't become it. Similarly, you ride your bike, but you don't become it; although trying to be one with it (like a relaxed grip) obviously helps.

*Yet you get into your body and you identify with it! Why is that?*

I guess if we couldn't separate ourselves from our cars and bikes, we'd become them; just like we now struggle to go anywhere without our arm extensions (our phones).

So we descended into these cellular masses and we became them, because nobody tells us otherwise and because these cellular masses have their own addictive personalities (our DNA).

From day one we have our forefathers and foremothers bias towards addiction. As we grow up, it becomes a little more obvious and in adulthood we all know what the saying, 'a chip off the old block' means. But do we really know what it means?

It means we have taken on board the addictive personality and we are living it. Addicted to what? Food, Entertainment, Sex, Work, Money, Power, being in Control, playing the Victim, getting Emotional; indeed, anything we struggle to give up: it's all ADDICTION.

The next time some idiot tells you that they're a Spiritual person, just remind them that we ALL are. We are Spirits in the material who have unwittingly become body-conscious addictive personalities.

Please feel very good about yourself because believe me this applies to ALL of us. We are all in the same boat and we all need to help each other.

What happens when you spray mega amounts of aerosols into the sky for 75 years (aircraft spraying all kinds of nasties)? Take a look up, take a look out and feel your body trying to desperately regulate your temperature. Mother nature is losing the battle against our so-called elite and as she dies so do we...

<https://www.geoengineeringwatch.org/>

There's no natural weather anymore and our air and soils (food & water) are contaminated and very expensive! Crops are failing all around the World. We're heading at frightening speeds towards a concrete wall (we're being plunged by the elite into very basic survival). None of this has happened by accident or unforeseen circumstance; it's all part of an elitist agenda.

I could say that it's time to fasten your seat belt but what will be more useful in the days that are coming is – if I say, prepare as best as you can for yourself and your loved ones...

Is there still hope? Yes, but it's a very thin wedge because the masses are still booking package holidays to get a tan, as if fuck all is going on! When the masses wake up and turn on the elite, we will liberate this planet. Please do your bit and forward this...

You might find my writings to be intimidatory. I don't apologise for this because ignorance on this planet needs to be intimidated to shock people into their own personal growth. When knowledge is contemplated upon people arrive at their own truth, which invariably is a loftier personal viewpoint.

We're almost out of time... I hope I have given you much food for thought ~ Gary Bate.

<https://www.whatstress.com/>