

What I believe to be the highest truth by Gary Bate

I say this because nothing is the truth until you experience it for yourself. So you will always have what you believe to be true plus what you know to be true because you've experienced it.

I don't want to make the mistake of making an image out of spirituality, so I am being clear here that this is what I BELIEVE to be true. Please take it with a pinch of salt if you wish!

I believe there's a relationship between time, frequency, energy and consciousness. That energy is the movement of consciousness and it forms different frequencies in different time flows. So an X-ray is a different frequency (time flow) to a UV ray, which in turn is a different frequency and time to this World and this linear time. Time is real and it is determined by the frequency of energy and thus it is dimensional and not something that is governed by clocks. The energy in this World appears solid because it is so slow that it has coagulated to manifest the consciousness it carries.

To fully appreciate this requires an explanation and for us to go back to the beginning:

In the beginning there was no dynamic energy (time) and thus nothing existed. Conversely, all that exists now is a manifestation of energy in the time flow where it exists. So in the beginning there was nothing or nothingness, but obviously it had the potential for everything otherwise there would still be nothing :)

One day before 'a day' was created, the sleeping nothingness must have woke up and this waking up was the birth of self-contemplation. The awakening (through self-contemplation) of the sleeping void was the birth of the first consciousness (a light floating upon a never-ending sea of darkness). Awareness of nothing and unable to see itself, the contemplation continued and a manyfold duplication occurred to create 'mirrors'. So God the Mother/Father (the primal consciousness) cloned itself and produced the daughters/sons in the same image (mirror images). This was the birthing of 3 things: Dynamic energy (the love between Father and Daughter); The frequency (time) of that undulating wave and the measurement of space creating distance. The nothingness became quantified and qualified by its own birthing of consciousness. Do you have a better explanation?

Imagine the original Love. The love between Mother and Son. I believe that original relationship exists today in all things and all life and that the Father and the Son are in you and me. The primal and secondary consciousness are in every fiber of our beings, in every cell.

The love came out of the Darkness and it created the Light. The Light cloned itself and created the Lights (gods). The origin of love (the loving relationship) is within us all because it is the very foundation of all that exists.

Why is it said that a master can sustain himself/herself on 3 grains of rice a day? I believe it's a metaphor for God, the gods and the dynamic Energy (love) that exists between us and God. No wonder the master said, "My Father and I are ONE". You may see my body because I am occupying space in this time flow but don't touch me as I am with my Father in Heaven :)

Is an imbalance a dis-ease? Yes it is. If everything exists in time then what happens if you have no time for certain aspects or people in your life? I have no time for dis-ease do you?

I hope my belief of what is the highest truth makes you review what is true for you. A ride or walk leader simply shows us the way; it is still our ride and our walk ~ Gary Bate.

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