

You and I by Gary Bate

I was the only one present at the moment when my daughter first opened her eyes. She clutched my little finger and I said “Daddy will look after you”. She came into this World the same way as you and I did – vacant with no memory. This is our biggest witness to the truth.

You and I are eternal beings – we've lived many lifetimes before and we'll live on in accordance with what we know. When our physical bodies die we're immediately aware that we're once again in our Light bodies.

So what is a ghost? It's a humanoid sporting their Light body. There are apparently multitudes of them. Some of them are very smart and they are only here temporary and others are very emotional and here indefinitely.

So when you 'pop out' you're immediately caught up where you died but are just outside of the frequency range of this 'physical' World. Your animals will probably be able to see you but most people would see you only as a green hue at best.

I am writing this to give you a map because I know you like maps; especially the ones with alternative routes and options...

The ghost isn't the destination for most people because the emotion in most people (upon death) is for their already departed loved ones (husband/wife and mum/dad) who appear to be across the river waiting for them in the Light. This is the trap that is set by the 'Lords of the Light'.

The moment one starts to go towards the Light the stripping of their memory begins and this is what these so-called Lords feast upon. They are energy vampires who sustain themselves on our memories (energy) and they delight in all of our unresolved emotions as they have never had physical bodies. The energy boost from their virtual feasts is what they live upon...

Imagine being in the Light and being completely vacant like you are the moment you are born here.

So here is the same as there (as above so below). The Light and this Planet are the 2 aspects of a recycling factory. You die, you go to the Light, you're stripped of your memories and you're re-born completely vacant; yet open to the pervasive mind-control that is never talked about here.

From the moment you and I were born, we've been mind-controlled and most people will not accept this because the mind-control (their programming) is too strong in them. They think the Queen is a lovely old lady, but she just reads scripts others have written and she is aware of what she is doing...

I am not upon this planet to deliver niceties and to make you feel more comfortable. I am not after your vote and I certainly don't want to be popular. Have you not noticed that the most popular people are the ones beating the official drums?

You are I are in a trap and I am here to tell you how to get out of it. It doesn't matter whether you've taken their vaccines or not, because they're not going to save you and if you're going to die anyway, you need this map!

The future of this World is just an advanced version of how this World has always been. Instead of just mind-control, it will be mind-control aided by technology. Chips in hands and implants in brains. New-borns will be born in pods and uploaded to the cloud. They'll be totally controlled by robots who won't be quite as smart as their makers (that's the plan anyway).

What is daddy going to do to look after his daughter and his son? Give them money? Pamper to their emotions? Nope. Daddy is going to wake them up to the truth and show them the way out of this trap, the trap that has been going on for eons.

I love you because I love myself. We are the same. You and I.

I asked my god what I could do to help everyone and the answer finally came to me last night – this is it. So I asked my God to help me to find the correct words, as this is probably the most important piece anyone could ever write. I am blessed to be given the task.

There are only 2 ways out of this trap. There's one way for those who plan to die and the other way is to not die (to ascend). Emotion is the key. We are potential fodder only for as long as we have unresolved emotion. Resolved emotions equate wisdom and eventual ascension (rising above the Light trap). I've written 5 books on how to resolve your emotions into wisdom. Be my guest...

If you die, **do turn your back on the Light** and stay here for a while. Be a savvy ghost! You cannot 'test' what I am saying; you cannot 'test' the Light. If you put your toe in it, it's got you and the stripping starts immediately. Savvy ghosts travel and explore (nice clue). The planets are apparently especially beautiful in infrared. Why wouldn't you want to check them out, see how they live and plan a new life when you've found a loving environment? Do also read my article here: <https://www.whatstress.com/Personal.pdf>

God (the Divine) communicates through the Son and Daughter (You and I), but only when the Son or Daughter is pure enough to receive and deliver those communications. Yeshua was clearly a pure enough sibling, yet he was still killed by morons. Is he returning? Returning back from where? He resurrected his body and left. Where did he go? Is he in hiding somewhere? Valid questions... It doesn't matter because God works through all his Sons and Daughters once they are pure enough to communicate his energy as words.

The Nazi's were never conquered completely. We see them in the Ukraine and we see the Zionist Nazi's from around the World who support them. These insane Zionist Nazi's are the reason the gas prices are so high and why the conditions for a hot war with Russia are perfect. Will they continue to prod the Bear until it happens? You bet ya! Eugenicists don't care about how people get killed...

Could they have pulled off the Covid hoax simply by giving the instruction that PCR tests are done at 45 cycles? Yes that's exactly how they did it. Simple and effective. False tests, false numbers and worst case scenario modelling, coupled with a mind-controlled, gullible population, who live in fear and believe everything officialdum tells them.

Viruses – fear – experimental medical procedures – vaccine passports – microchips – brain implants

I know what you mean Gary and I agree with you but I'll get my booster today because I'm in one of those high risk groups! Whatever happened to natural immunity and the great health that comes from having a sane mind?

The new year, 2022, will determine the future of this desperate planet. If we want a natural, organic, loving future; we have to get rid of all of the Zionist Nazi's and that means replacing the capstone of the secular power structure here. It's time for the common people to know the truth, to stick together and to collectively say NO to the current tyrannical power structure.

I cannot give you any more than I have given, because you are what I am and I respect your will...
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